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Horn Farm Center for
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Around the Horn . . . *News from the Farm*



Spring Fling Set for April 17th

On Saturday, April 17th, Horn Farm will be buzzing with activities, for our 2010 Spring Fling at the Farm! This event promises to be fun for everyone -- from Plowing Percherons to Farming and Gardening exhibits and demonstrations, and of course, lots of York County foods!! Come out early and join the White Rose Wanderers walking club as they walk from Emig Field to the Horn Farm. Compare horse-drawn plows to tractors. Experience modern agricultural methods of planting seeds. Participate in mini-horse-drawn wagon rides or childrens'

games and activities. Celebrate the beginning of the 2010 growing season with the Horn Farm Center. This special day's activities will run from 10 AM until 2:30 PM on April 17th, with rain date April 24. Admission is free (although donations are always gratefully accepted) and there is plenty of parking along Horn Road. Horn Farm is located at 4945 Horn Road in Hellam Township.

To get there, take Rt. 30 to the Hellam Exit. Go north on Kreutz Creek Rd 0.8 miles and turn right onto Horn Road. Go 0.5 miles to the



Pete Byrne, shown here with his draft horses, will conduct a demonstration with them at the Spring Fling.

more information, contact the Horn Farm Center for Agricultural Education at (717)757.6441 or email info@hornfarmcenter.org.



Grow Your Own Heirloom Vegetables at the Horn Farm!



Join us for this year's Patch Project and explore the many virtues of **heirloom vegetables!** Bring the family and grow your own heirloom vegetables at the Horn Farm!

What are **heirloom vegetables?** They are vegetables that have been passed down through the years, time tested for flavor, hardiness and nutrition. They are 'open pollinated', which means that the plants breed true from year to year, unlike hybrid species which do not breed true and for which new seeds must be purchased each year. Seeds from heirloom species can be saved and used for next

year's planting. Heirloom species are important not only because of their fine flavor and high quality but because many are in danger of being lost in an age of decreasing biodiversity.

This year at the Horn Farm we are offering the opportunity to rent a 12'x12' garden plot in our Patch area for which we will provide the heirloom vegetable plants and seeds: 5 varieties of tomatoes, 5 varieties of peppers, 3 varieties of basil and seeds for bush beans, zucchini and yellow squash, all hardy heirloom varieties. Cost for the patch, plants and seeds is \$35 and includes two educational sessions,

one on planting and growing tips when the project begins in mid-May and another in late June on saving seeds.

The Patch Projects have traditionally been fun family projects, a great way to introduce children to the adventures and benefits of growing your own vegetables. Many of them have colorful names like "Mortgage Lifter Tomato" and "Dragon's Tongue Bean." They are fun to grow and delicious to eat.

For more information or to register for a plot contact the Horn Farm Center at 757.6441 or email info@hornfarmcenter.org.



Love in the Garden

Two of our Community Gardeners, Kellie Lamontagne and Jake Coder, were married on Valentine's Day. They met this past summer while they were tending adjacent garden plots at the Horn Farm, and love grew along with Kellie's tomatoes, corn and sunflowers. Kellie said "I never would have thought I would find love in the garden", but she did! She and Jake had planned to be married at the Horn farmhouse, but the

winter snows forced a move to another location. Kellie and Jake, along with Kellie's young gardener son Logan, will return to the same garden plots this year.



Bryana Warner Receives Gold Award

Girl Scout Bryana Warner received her Gold Award on January 16 at a well-attended ceremony that included local government officials, Horn Farm Board members and Scout friends and family. Bryana's Gold Award project was an architectural design and model of an outdoor educational pavilion for the Horn Farm Center. She is a member of Girl Scout Troop 148; her Troop Leader is Nedette Otterbein, whose daughter Elizabeth is also completing a Gold Award project at the Horn Farm.



Bryana and her Troop leader, Nedette Otterbein.

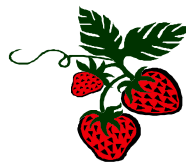
Congratulations, Bryana!

THANK YOU!

A heartfelt thanks to the donors who contributed to our 2009 Annual Appeal! Additional donations are always welcome. This on-going support is critical to sustaining our operations at the Horn Farm Center.

Spinach Salad with Strawberries

- 5 cups fresh torn spinach, about 1 pound
- 2 cups sliced strawberries
- 2 ounces smoked cheddar cheese, cut into ½ inch cubes
- 1/3 cup toasted pecans
- 2 tablespoons fresh lime juice
- 2 tablespoons honey
- 1/4 teaspoon ground ginger



Toss together spinach, strawberries, cheese, and toasted pecans. Whisk together remaining ingredients; pour over spinach mixture and toss just before serving. Serves 6. (Thanks to Jan Lyman)



Marie Altland

With sadness we note the passing in January of Marie Horn Altland, last surviving member of the David E. Horn family who donated the Horn Farm to York County. Marie was a great friend and supporter of the Horn Farm Center. She was the first contributor of generous start-up funding for the Center when it began operations, and she followed its ensuing progress with interest and enthusiasm. Marie has left an endowment for the Center in her will, and her contribution will help the Center continue to realize the mission and goals she encouraged.

“Buy Local, Eat Fresh” at Goldfinch Farm

If you're committed to eating local food in season, Community Supported Agriculture (CSA) is an excellent way to make the connection. Goldfinch Farm, a 200-member CSA near Wrightsville, is currently inviting new shareholders to join for the 2010 season. Shareholders buy into the season in the spring, then visit the farm or one of its Lancaster pick-up sites once a week during the season to pick up a share of delicious healthy veggies. Owners Jon and Beth Weaver-Kreider strictly follow organic standards for raising their produce, although they have chosen not to be certified. They grow a wide variety of common and less common vegetables along with seasonal berries and melons. Each week's share features 8-12 items. The summer begins with the crisp crunch of early carrots and peas and salad

greens, adding tomatoes and peppers and eggplant as the season progresses. You'll find broccoli, onions, garlic, summer squash, okra, potatoes, beans, radishes and many others in your share at different times of the season. And from late June until early October, the flowers are blooming in the pick-your-own flower patch.

You can contact the Weaver-Kreiders at screechowl@paonline.com or 717.252.3894, or visit their website, www.goldfinchfarm.com, for more information.



Jon Weaver-Kreider and his son Ellis in the greenhouse at Goldfinch Farm.

The articles above and below feature two of York County's providers of fresh, LOCAL vegetables and fruits. Two others will be featured in July's "Around the Horn" issue.

Fresh, Quality Produce Available at Flinchbaugh's Orchard & Farm Market

With more than 50 years of experience in fruit production, the Flinchbaugh family and their dedicated employees take pride in providing the community with the **fresh-est** and **highest quality** fruits from their orchard and the tastiest vegetables and produce from neighboring growers. In addition to fruits and vegetables, their market offers a wide array of homegrown and locally produced items including: milks,

artisan breads, niche pantry goods, snacks, bedding plants (spring, summer, fall), hanging flower baskets, crafts and country décor. The Flinchbaughs enjoy greeting their neighbors, near and far, with a look at the farm and orchards during our annual Summer Fest. The fall season is busy with activities and events for youth and adults including: Pick-Your-Own, the Corn Maze, Fall Fests, and Fall Farm Tours.

The Market doors are open April through December, Monday thru Friday: 8AM-6PM and Saturday: 8AM-4PM. Flinchbaugh's Orchard and Farm Market is located at 110 Ducktown Road, Hellam.



Celebrating their 5th Anniversary, Flinchbaugh's Orchard and Farm Market, is excited for their Grand Re-Opening Event, Thursday, April 15! Check out the Market for Anniversary specials Opening Week-end, along with monthly specials throughout the season! Explore their website: www.flinchbaughsorchard.com for weekly highlights, along with farm news, recipe ideas and event dates!

QUOTABLE QUOTE



"Trade increases the wealth and glory of a country; but its real strength and stamina are to be looked for among the cultivators of the land." William Pitt



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INCUBATOR FARMS LAUNCHED

This spring the Horn Farm will begin an exciting new venture at the Horn Farm. **The Incubator Farms Project** will provide the opportunity for independent farmers to create and operate small-scale sustainable farms on prime farmland acreage at the Horn Farm and develop a local market for their products. The Center will provide infrastructure, marketing resources and other support and, after a three year incubator period, will assist with linking its new farmers to other local available farmland.

Up to 50 acres of the 187-acre farm are available for the incubator farms, with individual farm sizes to be determined at the time of acceptance into the program. The Incubator Farms Project is based on similar projects in Vermont, California and in Lehigh County, PA where members of the Horn Farm's Modern Homestead Farm Committee visited last fall and learned about that County's Seed Program

It is estimated that York County residents spend nearly \$900 million every year for food purchases, but less than 0.5% of these food dollars is supplied by direct sales from York County farms. By growing new farmers who are capable of operating their own small-scale farms in a profitable, sustainable way and expanding local food markets, the Incubator Farms Project provides an important means for bringing food dollars back into local farmers' pockets and into the local economy.

BOOK DISCUSSION AT FARMHOUSE A HIT

A lively crowd gathered at the Horn Farmhouse on March 2nd to share thoughts and perspectives about Barbara Kingsolver's *Animal, Vegetable, Miracle*, a book chronicling the Kingsolver family's efforts to live for one year procuring as much of their food as possible from neighboring farms and their own backyard.

Many of the 24 guests shared their adventures with gardening or farming and preserving some of their own food. A few of the most interesting and energetic conversations focused on the challenge of sourcing more foods that are grown locally and learning to eat "in season".

An imaginary plant, the vegetannual, bearing a cornucopia of all the different vegetable products harvested over the course of one growing season provided a visual aid for doing so.

As the evening drew to a close, participants mingled with one another and sampled winter recipes from the book: vegetable chili, winter potato salad, sweet potato quesadillas and freshly baked bread.

